



Photo by Paul Rajeckas

Rambo the Ram has led the barn keepers to other animals in need of help. He once lay down with a depressed overweight pig for a few days in a stall (unheard of since he refused to be penned up due to his abuse experience), and eventually the pig got up to walk.

animals. If I am treating an animal for the first time, I will always start with the first step of the 13 Flow (center 13 and center 10) for breath, all emotions, and establishing a trusting relationship.

After the Spleen Function Energy flow, I usually end his treatment by holding his 25s from behind for rejuvenation and alertness, which he absolutely loves (most do)! The animals at the Sanctuary walk away when they are done with a treatment, and sometimes in the middle of a flow. On this day Rambo stood still for his entire treatment, and seemed to want more. As his 25s were harmonized with clear and smooth pulses, I stroked his back to say adieu and turned to treat Atlas, a goat who was lying nearby in the barn. Rambo turned to face me and lifted his front standing leg off the ground a number of times as if to wave and say, "Just a bit more?" Or was it a "Thank you!" I did move on to other animals that needed attention that day, and I made sure to treat Rambo by jumper cabling his 23s, 9s, 10s, 3s, 11s and 4s on my way out before going home. ☺

Elder Animals and Jin Shin Jyutsu

By Julianne Dow

On a cold wintry morning at the Catskill Animal Sanctuary, I went looking for Rambo in the barn. Rambo roams freely at the Sanctuary because he is calm, but he was not always this way. He came to the Sanctuary years ago from a terribly abusive situation, and changed from an angry ram to become the gentle keeper of the barn animals.

I found him inside one of the open stalls munching an absent horse's hay. I called out to him, "Hi, Rambo, do you want a treatment today?" He trotted out to me and took his standing position. It is my experience that animals innately know what they need, and will position themselves accordingly. If they present their left side, then that is the side that I treat.

Rambo has been receiving Jin Shin Jyutsu treatments since July 2009 on a regular basis (once a week, more or less). He knows the routine. With Rambo, an elderly ram whom I have often treated, I usually start just by putting my right hand on his coccyx and my left hand up by his 4s to jumper cable the ascending energy, and to BE with him. Sometimes he shakes his powerful curly horns to let me know that the 4s are not "it" today, so I move down to the 3s, where my hands usually "get sucked in." His body exhales into relaxation, and his pulses tend to come up readily and strong, as with most of the elder