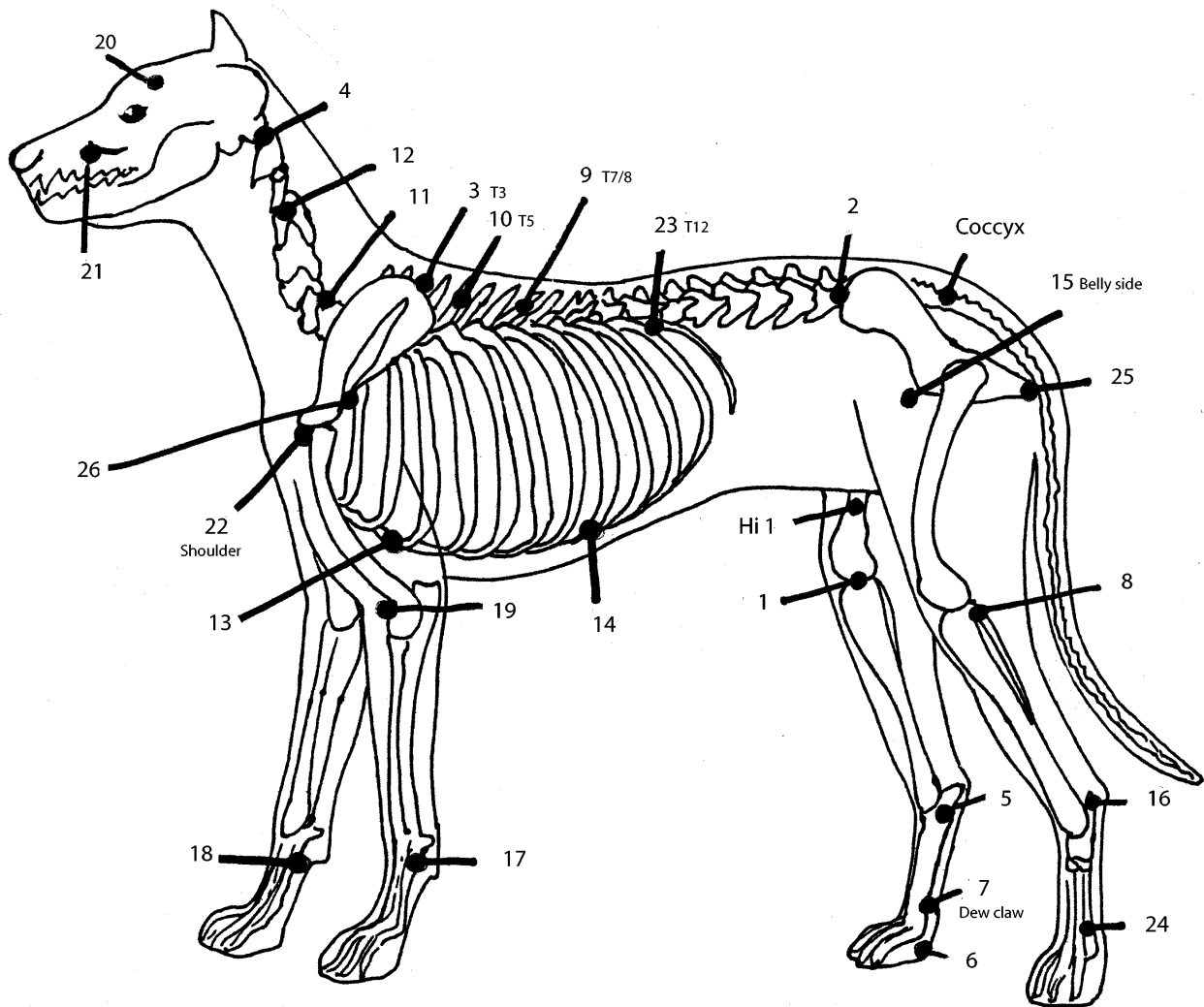


# Dog/Cat Chart

## Locations of the 26 "Safety" Energy Locks

\* C7/T1 are at the crease when animals head is tilted back gently



- 1 Helps ALL movement projects, chocking, constipation anything that needs to move
- 2 Increases life force, growth, optimism, general wellbeing, wisdom
- 3 Immunity specialist - for bugs, bacteria and bad thinking
- 4 Harmonises emotional upsets and all breathing projects
- 5 Calms the mind, takes away fears
- 6 For all balance projects.
- 7 Helps all brain functions, heart functions, brings mental focus,
- 8 Helps rhythm, balance, body temperature, reproductive system and muscles
- 9 Helps foot projects, helps dissolve solidification in the body,
- 10 Brings vitality and abundance, helps voice, knees, breathing
- 11 Hold for all physical pain
- 12 Helps stubbornness, willfulness, addictions, releases anaesthesia
- 13 The fertility specialist - helps any fertility projects
- 14 Equilibrium/balance - helps sleep projects, eating disorders and digestion
- 15 Hold after surgery, it speeds the healing

- 16 Breaks down old patterns
- 17 Relaxes the mind and calms nerves.
- 18 Any personality functions that need harmonising - hold the 18s
- 19 Helps voice, strengthens bladder, helps brain projects
- 20 Clears head, eyes and ears, great for memory
- 21 Good for all weight and digestion projects
- 22 For fears, allergies, environmental pollution, panic attacks and to be adaptable
- 23 Balances blood chemistry
- 24 Hold if overwhelmed or frustrated
- 25 Quietly and calmly regenerates - great for anger and fatigue
- 26 Helps lymph system

If you want to work with your pet you can use this simple chart to choose which points to hold, simply hold the points for a few minutes or as long as the animal will let you - if you would like a little more in depth information there is a beautiful book called "Jin Shin Jyutsu for your animal companion" by Adele Leas - available from any good bookstore or the online store at [www.jinshinjyutsu.com](http://www.jinshinjyutsu.com)